

SHOP COOK EAT

Students will make collaborative decisions about what they would like to make for their lunch every week. They will then plan for this within a set budget. **Students will visit a local supermarket with their list, and shop with as much independence as possible for the ingredients.** Back at school the students will be encouraged to follow simple instructions to independently make their lunch.

TRAVEL TRAINING

This term, students will continue to work on their awareness of the risks they could face in the home and when travelling around in the local community.

Q ARTS

The focus this term is on a range of different artist styles - observing a variety of images and prints, imitating these with our own creative style and developing our range of techniques and tools. Students will use ICT to research different types of art work, commenting on the ones that they like and dislike. With support they can create collages of preferred pieces and then copy these; developing confidence when working and gaining enjoyment from the work that they create.

SPRINGWATER SIXTH FORM

Semi-Formal Pathways

SPRING 2021

CARING FOR THE ENVIRONMENT

Students will continue to explore environmental issues, and what it is humans do to harm the environment. Students will explore and participate in activities that help the environment both at home and in the local community.

PREPARING FOOD AND DRINKS

This term, students will continue to develop their independent skills in making a small range of simple snacks and drinks. Students will follow written and symbol instructions/recipes and learn about the risks involved in the tasks and measures they need to make

LEARNING FOR LIFE (LIVING IN THE WIDER WORLD)

A weekly session exploring different countries and cultures for students to recognise that there is a wider world around them which is different to their world, and enable them to appreciate and understand these differences.

CREATIVE ACTIVITIES

Students will have regular opportunity to engage and express their opinion in creative and sensory art activities. Led by student choice, students will explore a range different creative activities through art, music, drama, dance and crafts.

GROWING AND CARING FOR PLANTS

Students will continue to develop their understanding of how to help plants to grow, and the skills to nurture plants, through supported ownership of care of the school allotment and greenhouse areas.

FUNCTIONAL NUMERACY AND LITERACY

This term, students will continue to work on their literacy and numeracy skills for independent living, through a range of relevant and real life experiences. Weekly timetabled opportunities, alongside daily sessions will give opportunities to embed new skills and support students to apply them.

DEVELOPING INDEPENDENT LIVING SKILLS: BEING HEALTHY

This term, students will continue exploring and developing their understanding of how to look after themselves through physical, personal care and healthy eating-based activities.

ENTERPRISE

Using creative thinking skills, students will work as part of a group to plan a project, prepare for it, create the items and sell items. Students will also have opportunity to participate in established enterprise projects.

DEVELOPING INDEPENDENT LIVING SKILLS: KEEPING SAFE

This term, students will explore how to respond to health and safety advice and how to follow simple personal safety routines to keep themselves safe at home and in the community.

PE/DANCE AND SPORTS

This term, students will take part activities to develop communication, co-ordination skills and physical health. Activities may involve individual or group work activities.

FOREST SCHOOLS

This term, students will participate in a range of outdoor and craft activities that will increase resilience, confidence and self-esteem. Students will generate a sense of wellbeing through a connection with nature and the outdoors.

THERAPIES

This term, students will continue to participate in therapies that support their physical and sensory needs such as the Movement programme, Rebound therapy and swimming.

JOHN MUIR

This term, students will continue to work on their John Muir Award. Students will have opportunities to connect with, enjoy and care for nature, landscapes, and the natural environment.

HEADSPACE AND MINDFULNESS

This term, students will continue to have the opportunities to participate in activities that support their physical and mental health. This includes sports, yoga, walking, rebound therapy and pamper sessions.