

Hello,

Did you know North Yorkshire County Council have PRE-PAID for every parent and carer in North Yorkshire to access a range of courses for parents/carers (access now for life-long access)?

There are courses for parents, carers and grandparents about children from bump to 19+ years, from the [Solihull Approach](https://imsva91-ctp.trendmicro.com/wis/clicktime/v1/query?url=https%3a%2f%2fsolihullapproachparenting.com&umid=B912A44D-CAD7-2005-A212-E5278343C6A7&auth=de41389fcd07b045c2bf0b8b6a6bb2cde097bfb7-4a5688f31dc769c30d3dfd2bcb9af75ed74fef9d) (NHS).

  [www.inourplace.co.uk](https://imsva91-ctp.trendmicro.com/wis/clicktime/v1/query?url=http%3a%2f%2fwww.inourplace.co.uk&umid=B912A44D-CAD7-2005-A212-E5278343C6A7&auth=de41389fcd07b045c2bf0b8b6a6bb2cde097bfb7-7baf5eb5f1392d843b6d2c6721f91f6c6c5f5356)

  Access code:  **NYFAMILIES**

        Understanding your pregnancy, birth, labour and your baby

       Understanding your baby

       Understanding your child (0-19+ yrs, main course)

       Understanding your child with additional needs (0-19+ yrs, main course)

       Understanding your child’s feelings (taster course)

       Understanding your child’s brain (short course)

       ‘Understanding your brain (for teenagers only!)’

       Understanding your child’s mental health and wellbeing (accompanies UYC and UYCAD)

  [www.inourplace.co.uk](https://imsva91-ctp.trendmicro.com/wis/clicktime/v1/query?url=http%3a%2f%2fwww.inourplace.co.uk&umid=B912A44D-CAD7-2005-A212-E5278343C6A7&auth=de41389fcd07b045c2bf0b8b6a6bb2cde097bfb7-7baf5eb5f1392d843b6d2c6721f91f6c6c5f5356)

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From us all with love

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Children and Families Service: Early Help

Offering early help for children, young people and families