

## Communication and language

Listen to, and join in with, a range of seaside songs and rhymes, e.g.:

<https://www.youtube.com/watch?v=ET-DMaP8HO8>  
[https://www.youtube.com/watch?v=71yFu\\_Rgval](https://www.youtube.com/watch?v=71yFu_Rgval)  
<https://www.youtube.com/watch?v=3HKulaaROJ8>



You could use musical instruments along with the songs. If you don't have instruments, you could use pots, pans, keys etc OR make your own using bottles and rice/pasta, tissue boxes and elastic bands etc.

## PSHE

Take some time out and listen to some relaxing music:

<https://www.youtube.com/watch?v=DXzk5i4Ofe8>

You can just sit quietly and enjoy, watch the pictures, or explore some sensory activities:

Water play – put your hands and feet in warm water – you could add bubbles, 'Gellibaff', or water beads if you have them.



Sensory seaweed/jellyfish legs – Explore different coloured spaghetti/tagliatelle. How does it feel?



## Art and Design

Make a starfish! You could print/draw round your hands and feet, or paint/collage using paper, card, or tissue. Get creative!



## Physical Development

Make your own playdough:

<https://www.bbcgoodfood.com/howto/guide/playdough-recipe>



Explore the playdough and see if you can roll, squish and flatten it. Can you add different colours or items to the playdough? Try printing into the playdough with shells, pebbles, and sticks.



You could make ice cream scoops out of the playdough. Put these on the playdough mat, or in real cones if you have them!

## Secondary (Owls) Home Learning Self-Isolation Week 2

### Topic: Who lives in a rockpool?

## Understanding the World

What might you eat at the seaside?

Help to make lunch - make a seaside picnic including sandwiches, fruit etc. Can you communicate what you would like?



Try/smell/explore different ice creams, or have a go at making your own!

<https://www.bbcgoodfood.com/recipes/no-churn-ice-cream>

## Literacy

Story: I am not a fish -

<https://www.youtube.com/watch?v=2kShZL35Qn4&t=158s>

Mark making – use pens/crayons/paints to make marks. You can make marks on the jellyfish template, or you could also try creating handprint jellyfish!



## Maths

Listen to counting songs:

<https://www.youtube.com/watch?v=jxzZMw89qY>

<https://www.youtube.com/watch?v=dg0cQtVisLw>

and/or play the counting game, following the fish as they are counted up to 5:

<https://www.topmarks.co.uk/learning-to-count/underwater-counting>



Count how many scoops of ice cream you have (either real ice cream – understanding the world – or playdough ice cream – physical development).