

## Communication and language

Explore different seaside objects (linked with your sand and water play, if you like!) and match them to pictures/symbols. Do you know what they all are?



## PSHE

Listen and relax to some ocean waves sounds.

<https://www.youtube.com/watch?v=MD0tXdSsnBA>

You can just sit/lie down and listen with the lights off, have a hand/foot massage, or explore water and different seaside objects.

You could even try making your own wave sounds – add rice/pasta to a Tupperware tub and secure it. Then move it in different ways.



## Art and Design

Seaside pictures – use blue and yellow paints/crayons to create seaside pictures, then add collage details if you would like. If you have some, try adding sand to the yellow paint – what does this do? How does it feel?



## Physical Development

Sensory beach – sand (if you have it) and/or water play. Fill a sandpit/tray/bowl with sand and/or water and a variety of seaside/rockpool items (shells, sticks, pebbles etc). Explore the sand and water - do you like the feel of it? Can you grasp the different objects to pick them up?

Add buckets/spades/cups – can you use them to scoop, mix, and pour?



## Secondary (Owls) Home Learning Self-Isolation Week 1

Topic: Who lives in a  
rockpool?

## Understanding the World

What do you need to take to the beach on a warm, sunny day? Pack a bag! Look at a variety of different items, e.g. –

- sunglasses
- scarf
- sun hat
- woolly hat
- gloves
- suncream
- towel



Can you choose what we will and won't need?

## Literacy

Story: On the seashore-

<https://www.youtube.com/watch?v=uyv8IY0rqDI&t=8s>

Mark-making - Explore mark making and drawing in wet sand if you have it, or with blue and yellow pens/crayons/paints. You could use your hands, or natural objects like shells, pebbles and twigs.



## Maths

Listen to counting songs:

<https://www.youtube.com/watch?v=jxzZMw89qY>

<https://www.youtube.com/watch?v=dg0cQtVisLw>

and/or play the counting game, following the fish as they are counted up to 5:

<https://www.topmarks.co.uk/learning-to-count/underwater-counting>



Use your counting skills to explore different seaside objects (see Physical Development) and count how many different shells/pebbles/sticks you can find.