List of Local organisations/groups - HARROGATE

Social Clubs/activities

Avalon Ripon Klub (ARK)

E-mail: <u>jerryjanderson@btinternet.com</u>

Description:

A social club for adults with learning and/or physical disabilities. Ripon

Disability Action Yorkshire

Website: www.disabilityactionyorkshire.org.uk

Disability Project (Harrogate Borough Council)

E-mail: danielle.mulholland@harrogate.gov.uk

Website: www.harrogate.gov.uk

Description:

The Disability Project offers advice and support on accessing sport, leisure and play activities at Harrogate Borough Council facilities. We also offer a range of specialist and inclusive sessions for disabled children and adults.

Follifoot Park Disabled Riders Group

E-mail: admin@follifootparkdrg.org.uk **Website:** www.follifootparkdrg.org.uk

Description:

The aim of the group is to provide therapeutic horse riding and carriage driving for children and adults with a wide variety of disabilities.

Gateway Clubs - Harrogate Gateway Football Club

Website: www.harrogategatewayfc.com

Description:

The club provides coaching and footballing opportunities for people with learning disabilities in the Harrogate area. The club caters for and runs teams at all levels of ability. As well as playing in the Northern Alliance League, the club enters regional and national competitions and regularly has players

selected to play in the National MENCAP and Special Olympics teams. The players meet every Tuesday night between 7.30 and 9.00 pm at St Aidan's C of E High School in Harrogate.

HAPS (Harrogate Autism Parent Support)

Phone: 01423 541019

E-mail: haps072013@gmail.com

Website: <u>sites.google.com/site/harrogateaps</u>

Description:

A friendly relaxed group where Parents and Carers of children on the Autistic Spectrum can meet and

chat.

Harrogate Skills 4 Living Centre

Website: www.hs4lc.org.uk

Description:

Providing information, activities and education in an informal setting for people with a wide range of needs. This includes both specific adult literacy groups and leisure library resource base with the aim to empower people with the skills and confidence to lead a full life. Formerly known as The Junction.

Henshaws Arts and Crafts Centre

Website: http://henshaws.org.uk/what-we-offer/arts-and-crafts-centre/

Description:

The Arts & Crafts Centre provides training for people with disabilities. Real work experience through social enterprise. Every week, over 150 Art Makers take part in a range of workshops, including employability training, health and wellbeing, arts and crafts and multi-sensory.

Horticap

Website: www.horticap.org

Description:

To provide horticultural training, supported employment and training for people with learning difficulties. Sells products, garden plants, hanging baskets. Undertakes garden maintenance. Uses volunteers to work alongside students and to assist with transport.

Jennyruth Workshops

Website: www.jennyruth.co.uk

National Autistic Society (Harrogate & District Branch)

Website: www.autism.org.uk

Additional info:

Autism Helpline - 0845 070 4004

Open Country

Website: www.opencountry.org.uk

Description:

Open Country is a charitable organisation. We aim to enable anyone with a disability to access and enjoy the countryside. We run nine different activity groups including walking, cycling, outdoor pursuits and wildlife studies and we run a countryside access advice service and produce a number of countryside access publications.

Orb Community Arts

Website: www.orb-arts.org

Description:

Orb aims to promote mental health, well-being and increased social inclusion amongst vulnerable people in Yorkshire by engaging individuals in age and culturally appropriate activities such as music and video production, djing, drama, art exhibitions etc. We also provide access to basic employment skills, personal development and training opportunities. Orb Green is a friendly and supportive garden space enjoyed by service users, volunteers and members of the public. The garden promotes positive mental health through getting outdoors and reconnecting with nature.

Paperworks

Description:

A real workplace offering training whilst carrying out print finishing and packing activities. Aims: to help people understand their abilities and match them to an employment option which suits them best; to give people an opportunity to try different work placements as appropriate; to advise people what would

be expected of them as an employee. Many of the people who train with us have learning disabilities, physical disabilities or mental health problems.

Purple Patch Arts

Website: www.purplepatcharts.org

Description:

Purple Patch Arts' mission is to inspire creative adventure. We run workshops which include drama, art, literature, music and dance for people with learning disabilities/ difficulties. We work across Yorkshire and run weekly workshops as well as holiday programmes.

Ripon Community Link

Website: www.riponcommunitylink.org.uk

Description:

Ripon Community Link is dedicated to helping their learning disabled members to realise their potential as individuals and to participate as fully as possible in the life of the local community.

Scuba Diving for All

Website: www.scubadivingforall

Description:

Provides free and/or subsidised tuition in scuba diving to those with disabilities or those disadvantaged either socially or economically.

The Walled Garden Scheme

Website: www.riponwalledgarden.org.uk

Description:

The Walled Garden Scheme trains people with learning disabilities in all aspects of horticulture.

Time Together

Website: www.facebook.com/TimeTogetherHarrogate

Description:

Time Together provides bespoke support for people with Autism, Asperger's and additional needs. We enable people to access services such as education, leisure, work and health appointments and to participate in community activities of their choice. Our social hub helps vulnerable people to build confidence, self esteem and friendships whilst allowing families and carers to take breaks from their caring responsibilities.

Interact - A drama club for those aged 18 years + with additional needs. Website: www.interactperformancegroup.org/content/contact.html

Volunteering

HARCVS - Harrogate and Ripon Centre for Voluntary Service - www.harcvs.org.uk

Do It - <u>www.do-it.org</u>

NYY Youth Volunteer Coordinator Harrogate area:

Rachel Rabjohns: Rachel@nyy.org.uk

Can Do - Bespoke social action projects available across North Yorkshire for groups of young disabled people aged 10—25 years - Email: Rachael.lunn@leonardcheshire.org

The Saturday Club - A social and arts club for young people and adults with Special Educational Needs and / or Disabilities - Runs every other Saturday at Knaresborough Children's Centre 10:30—12:30 for 16 years and over - Email: kathymallday@gmail.com

Moving Forward - Runs every Monday at TRAX in Harrogate. 6:00—7.30pm for 16—25 years olds with SEND. For information telephone Lisa Davies-Varnier on 01609 533953 / 07813 022315 or email <u>lisa.davies-varnier@northyorks.gov.uk</u>.

Halo Club - (for young people with Special Educational Needs and / or Disabilities) - Runs every Monday at Fairfax Community Centre 7:00—8:30pm for 14 years and over— Email: Danielle.mulholland@harrogate.gov.uk or telephone 01423 556719

Springboard Youth Club - (for young people with Autistic Spectrum Condition). Runs every Wednesday at Fairfax Community Centre 6:30—8:30pm term time and Tuesdays 4:30—7:30pm in school holidays for 10—19 year olds. Email NASHarrogateBranch@nas.org.uk or danielle.mulholland@harrogate.gov.uk or telephone 01423 883614 / 0782 473871

Teen Club - (for young people with Special Educational Needs and / or Disabilities) - Runs in school holidays each Thursday at Fairfax Community Centre 4:30—7:30pm for 12+ years—email danielle.mulholland@harrogate.gov.uk or telephone 01423 883614

The Saturday Club – Arts and Crafts Knaresborough Children's Centre– Sats 10.30 -12.30 For dates and more info: 01423 864381 Sessions for young people with additional needs 16+

Henshaws College www.henshaws.ac.uk

Harrogate College www.harrogate.ac.uk

Askham Bryan College www.askhambryan.ac.uk

York College www.york.ac.uk

Leeds City College www.leedscity.ac.uk

National Association of Specialist Colleges <u>www.natspec.org.uk</u>

Linkage College

Beaumont College

Portland College

Dilston College

Pennine College

Ripon Evolve bskaife@craven-college.ac.uk

Easiworks (Easingwold)
Clare.Robinson@autismplus.co.uk

Paperworks admin@paperworks.org.uk