

## Communication and language

Explore different seaside objects such as buckets, spades, shells, pebbles, sand, water – whatever you have available! Think about how the objects look and feel, and play with them in sand/water. Do you know what they all are? Match the objects to the pictures.



## PSHE

Listen and relax to some ocean waves sounds.

<https://www.youtube.com/watch?v=MD0tXdSsnBA>

You can just sit/lie down and listen with the lights off, have a hand/foot massage, or explore water and different seaside objects (if you have them).

You could even try making your own wave sounds – add rice/pasta to a Tupperware tub and secure it. Then move it in different ways.



## Art and Design

Seaside pictures – use blue and yellow paints/crayons to create seaside pictures, then add collage details if you would like. If you have some, try adding sand to the yellow paint – what does this do? How does it feel?



## Physical Development

Just Dance – have a go at one (or both!) of the dances below. Can you copy the movements? Can you create your own moves?

<https://www.youtube.com/watch?v=nBh7yWbNOFy>

<https://www.youtube.com/watch?v=L12TvtYRics>

Secondary (Hawks)  
Home Learning  
Self-Isolation Week 1

Topic: Who lives in a  
rockpool?

## Understanding the World

What do you need to take to the beach on a warm, sunny day? Pack a bag! Look at a variety of different items, e.g. –

- sunglasses
- scarf
- sun hat
- woolly hat
- gloves
- suncream
- towel



Can you choose what we will and won't need?

## Literacy

Story – The Rainbow Fish:

<https://www.youtube.com/watch?v=Nb2msIQo6TI>

Listen to/watch the story.

Mark-making / writing – decorate the fish template using pens, pencils or paints. You can use your fingers with the paints, or a paintbrush, or even natural objects like sticks and shells.



**Extra challenge** – label your fish. Practise writing the word 'fish' in a pen colour of your choice. Do you know all the letter sounds?

## Maths

Listening to and watch the counting song:

<https://www.youtube.com/watch?v=dg0cQtVisLw>

OR play the counting game:

<https://www.topmarks.co.uk/learning-to-count/underwater-counting>

Then, practise your counting with real objects. You could use pebbles, shells, lego bricks, or toys.

Line the objects up and count how many you have. Match the amount to the written number.

**Extra challenges:**

Can you count beyond 10?

Can you ADD and/or TAKE AWAY one object?