



Springwater Sixth Form

Personalised and Inclusive Post-16 Education

About us

At Springwater Sixth Form, we recognise that our students have specific, diverse and individual educational needs. Each student has an individualised timetable and personalised curriculum that is tailored to their aspirations. The curriculum is based on preparing students for adulthood and allows students to obtain relevant academic accreditations. We cultivate students' social, emotional, physical, and ethical development, foster creativity, promote psychological well-being, stimulate a rich and fulfilled life, explore core beliefs, encourage social engagement and develop empathy. Our aim is that our students leave Springwater post-19, as independent and autonomous as possible with the skills to make their own choices in life, whether this is at home, in activities, for courses of further study, or employment.



Student life at Springwater Sixth Form is underpinned by our vision and key values:

Vision

Aspire, **C**hallenge and **E**mpower

Our vision is that "all learners access outstanding teaching and facilities personalised to their individual learning needs, within a happy, confident and proud school".

Values

Achieve

Self Esteem

Positive

Inclusive and friendly

Respect (dignity)

Enjoyment



Aims of the Sixth Form Curriculum

- Driven by the intention to prepare students for adulthood and independence.
- Provision of a curriculum that focuses on students' long-term aspirations.
- Pupils develop self-esteem, confidence and self-awareness.
- Supporting students to access local facilities and to participate in community events.
- Enhance and develop communication skills.
- The provision of individualised learning pathways and a bespoke curriculum.
- Supported work experience opportunities and internships.
- Students experience extended transition through college links courses (off site learning).
- A curriculum that is designed and directed by the students and other stakeholders.
- To play an important part in maintaining and improving our local community.



Sixth Form Development Pathways

AIM

Sensory Development

The sensory pathway aims to deliver a full sensory pupil-driven curriculum

Towards Independence

With 3 main pathway focuses; Community, Independent Living Skills, Creativity and Wellbeing

Being Independent

Supporting independence, promoting rights and responsibilities. Equipping students with the skills and tools for independent living

Employment and Independence

Preparing students with the skills they need to step into the world of work

ACTIVITIES

Movement Therapy
Rebound therapy
Hydro Therapy
Music Therapy

Accessing local facilities, using libraries, leisure centres, cafes and shops. Travel training. Shop, cook, eat. Enterprise

Functional Maths and English. Work related learning and experience. Using public transport to access local facilities, shop, cook eat, Enterprise

Functional Maths and English. Off site work experience, internships, job coaching, accessing local facilities independently, independent travel.

AWARDS

ASDAN Diploma

ASDAN Diploma
John Muir Award
Q-Arts Award
ASDAN short courses

ASDAN Diploma
NCFE Functional Maths and English
Duke of Edinburgh Award

ASDAN Diploma
NCFE Functional Maths and English
Duke of Edinburgh Award
Supported Internship
I Can Lead Award

Towards Independence Pathway

Shop, Cook, Eat

Students make collaborative decisions about what they would like to make for lunch each week. They plan for this within a set budget. They visit a local supermarket and shop for ingredients with as much independence as possible. Back at school students work together to follow simple instructions and prepare their lunch.



Developing Independent Living Skills: Being Healthy.

Students explore their understanding of how to look after themselves through physical, personal care and healthy eating-based activities.

Caring for the Environment

Students explore environmental issues and participate in activities that help the environment both at home and in the local community



PE/Dance and Sports

Students take part in activities to develop their communication, co-ordination skills and physical health. Activities may involve individual or group work activities.



Creative Activities

Students have regular opportunities to engage and express their opinion in creative and sensory art activities. Led by student choice, students will explore a range of different creative activities through art, music, drama, dance and crafts.

Functional Numeracy and Literacy

Students focus on numeracy and literacy relevant for independent living through a range of relevant and real-life experiences. Weekly timetables opportunities and daily sessions will give opportunities to embed new skills and support students to apply them.



Learning for Life (Living in the Wider World)

Every week students explore different countries and cultures to recognise that there is a wider world around them.

Travel Training

Students work on their awareness of risks when travelling and learn how to safely travel around the local community independently.



Forest Schools

Students participate in a range of outdoor and craft activities that will increase their resilience, confidence and self-esteem. Students will enhance their wellbeing through a connection with nature and the outdoors.



Enterprise

Students work as a group to plan and prepare a project, create the items and sell them. They also have the opportunity to participate in established enterprise projects.



Q Arts

Students use ICT to research different types of artwork. They recreate these using a range of tools and techniques. This develops their confidence and gives a sense of enjoyment from the work they create.



Developing Independent Living Skills: Keeping Safe

Students explore simple health and safety advice and learn how to keep themselves safe at school and home.

Growing and Caring for Plants

Students develop their understanding of how to help plants grow through supported ownership of care of the school allotment and greenhouse.



Therapies

Students participate in therapies that support their physical and sensory needs such as, the Movement Programme, Rebound therapy and Swimming



Headspace and Mindfulness

Students have the opportunity to participate in activities that support their physical and mental health. This includes sports, yoga, walking, rebound therapy and pamper sessions.



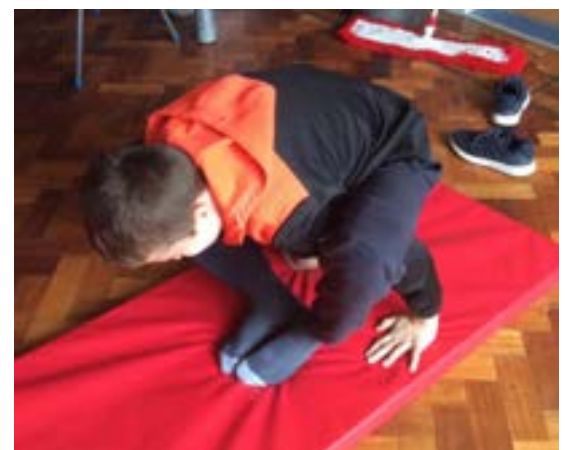
Preparing Food and Drink

Students develop their independence by making a small range of snacks and drinks. Students follow instructions/recipes and learn about the risks involved in tasks and the measures they need to put in place.



John Muir

Students work towards the John Muir Award and have opportunities to connect with and enjoy nature.



Being Independent and Employment Pathway

Shop, Cook, Eat

Students make collaborative decisions about what they would like to make for lunch each week. They plan for this within a set budget. They visit a local supermarket and shop for ingredients with as much independence as possible. Back at school students work together to follow simple instructions and prepare their lunch.

Preparation for Work

Students develop their skills and knowledge ready for employment. They practice writing CV's and prepare for interviews. They embed their knowledge through role play, and work placements in school such as, social café and business enterprise sessions.

Preparation for Adulthood

Students prepare for adulthood in a weekly focussed session on four key areas: Education and employment, health, independent living and community inclusion.

Environmental Awareness

Students focus on environmental issues and human impact on the environment. They focus on how they can reduce their own impact.



Creative Media

The aim is to promote confidence and self-awareness in a fun, fast paced environment. Students create their own video and produce a series of audio and visual projects.

Performing Arts

Students learn how to produce plays/musicals. They are able to express themselves creatively, work together and provide feedback on performances.

Functional Maths

Students develop their confidence in their use of fundamental mathematical knowledge and skills following the NCFE entry level syllabus. Students develop their understanding by applying their skills to simple mathematical problems.



Duke of Edinburgh

Students have the opportunity to achieve the Duke of Edinburgh award. They attend weekly sessions in preparation. This allows them the opportunity to build their confidence, resilience skills and friendship groups.



Business Enterprise

Students have a weekly opportunity to research, budget, shop, create and advertise their business within a group environment.

Making the most of leisure time

Students develop their knowledge, understanding and experience of taking part and planning social/leisure activities. They have the opportunity to plan these events in school.

Sports Leaders

Students work on the I Can Lead Award with weekly sessions on the skills and qualities needed for leadership, communication, skills and strategies. It is also an opportunity for students to focus on teamwork and participate in sporting events.

Headspace and Mindfulness

Students have the opportunity to participate in activities that support their physical and mental health. This includes sports, yoga, walking, rebound therapy and pamper sessions.



Functional English

Students focus their English skills to real life situations such as, sending an email, texting, reading books and leaflets and learn how to accurately complete application forms.

Personal Safety in the Home and Community

Students develop their awareness of risks in the home and community and are supported to develop strategies to help reduce those risks and challenged to make decisions.

ICT

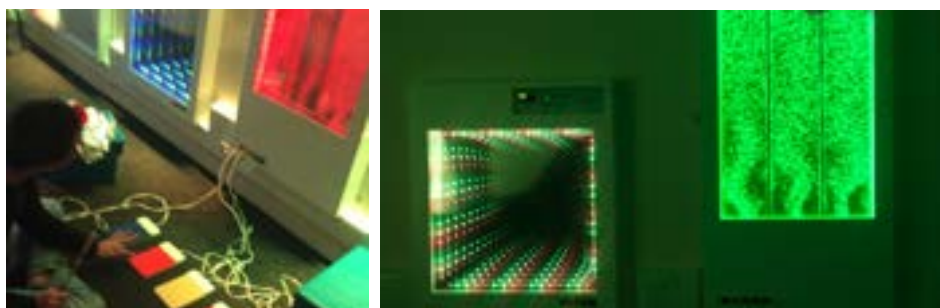
Students work towards their Entry Level ICT Functional Skills accreditation, developing practical, transferrable skills in ICT in order to work confidently, effectively and independently in life.



Onsite Facilities

Sensory Room

A fully functioning sensory room dedicated to sensory experiences. Includes a bubble tube, fibre optic.



Interaction zone

A dedicated room for sensory experience including swings and an interactive projector.



Swimming pool

A 25 sqm pool with changing and hoisting facilities enabling access for all students.



Rebound Centre

A sunken trampoline with soft flooring and walls. Complete with hoisting facilities.



Playground

Equipped with swings, a slide, scooters and activity resources.



Minibus

A fully air-conditioned, minibus with a tail lift to facilitate student educational visits.

Partnership Plan

At Springwater Sixth Form, we work with a multidisciplinary team to support our learners to reach their full potential.

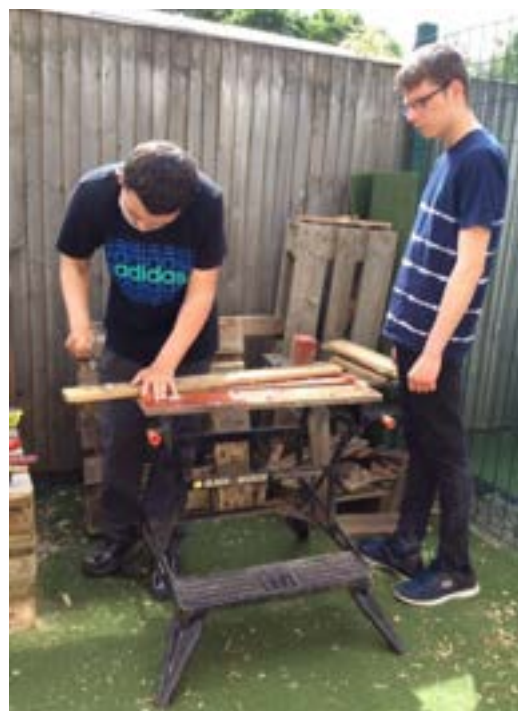


Work Experience

At Springwater Sixth Form, we aim to support our students prepare for adulthood by offering them the opportunity to undertake supported work experience placements in the local community. Prior to placement, students receive thorough preparation for work training in school. Placements are scheduled on a weekly basis and are matched to students based on their long-term ambitions. Students are accompanied by a familiar staff member until they feel comfortable to attend independently.

Our current approved providers:

- Cogs Café
- Living Potential Farm
- Scope
- Living Room Café
- So, Bar, Eats and Grill
- St Michaels
- Foolfoot Riding School
- Art of Hair
- Oliver's Fish and Chip Shop
- Starbeck Primary School
- Coco Tan Nail Bar
- Harrogate Borough Council Gardening Team



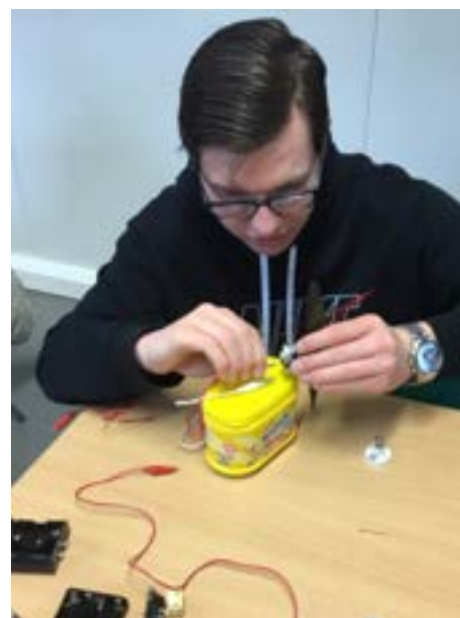
Supported Internship

At Springwater Sixth Form, we aim to offer a supported internships programme within the next few years.

Supported internships are a structured study programme based primarily at an employer. They enable young people aged 16-24 with an Education, Health and Care plan to achieve sustainable paid employment by equipping them with the skills they need for work, through learning in the workplace. Supported internships are unpaid, and last for a minimum of six months. Wherever possible, they support the young person to move into paid employment at the end of the programme. Alongside their time at the employer, young people complete a personalised study programme which includes the chance to study for relevant substantial qualifications, if appropriate, and English and maths.

The aim of supported internships is to prepare young people with complex needs for paid employment by:

- Supporting them to develop the skills valued by employers.
- Enabling them to demonstrate their value in the workplace.
- Developing confidence in their own abilities to perform successfully at work.
- the offer of a paid job from an employer, possibly the employer who hosted the intern's work placement.
- Building up experience for a CV, demonstrating that the young person has the skills and willingness to work.
- Changing the perception of employers about employing people with learning difficulties and/or disabilities.
- Improving skills in English and maths that enable the young person to be better prepared for work, including handling money, interacting with the public, and practising interview skills.
- Becoming independent travellers.



Contact Us

If you would like to find out more about Springwater Sixth Form, please visit our website: <https://www.springwater.n-yorks.sch.uk/>

Alternatively,

Phone: 01423 883214

Email: admin@springwater.n-yorks.sch.uk