



We are celebrating World Mental Health Day on Thursday 10th October, in support of Compass Buzz.

Compass BUZZ is an innovative project which works with the whole school workforce in schools across North Yorkshire, to increase the skills, confidence and competence of staff dealing with emotional and mental health concerns.

As part of this celebration, we are having a non-uniform day on Thursday and would appreciate any donation you would like to send in to support their important work. £1 per student would help us to raise a brilliant total!

We will be focusing on the Five Ways to Wellbeing:

- Be Active
- Take Notice
- Keep Learning
- Connect
- Give